

# EGHAM BOWLS CLUB

## DRUG & SUBSTANCE MISUSE GUIDANCE POLICY DOCUMENT

Reviewed: July 2024

**Next Review: June 2025**

Signed:

On behalf of The Management Committee

# EGHAM BOWLS CLUB

## DRUG & SUBSTANCE MISUSE GUIDANCE

### 1.0 GUIDANCE

- 1.1 Egham Bowls Club have a zero-tolerance approach to substance misuse and support Egham and the Bowls community to a Clean Sport Commitment.
- 1.2 Acts involving illegal activity will be reported to the Police.
- 1.3 This section outlines the strict stance of Egham Bowls Club towards the use of drugs, legal highs and other substances.
  - 1.3.1 There is a ZERO TOLERANCE standpoint towards the use of any and non-prescribed drug/substance by any members or visiting members of another bowls club including visitors and volunteers.
  - 1.3.2 The zero tolerance extends to all recreational and performance enhancement substance abuse.
  - 1.3.3 All Egham bowlers and visiting club bowlers including volunteers and visitors, must take full responsibility for any substance put within their body.
  - 1.3.4 If a member/coach has reason to believe that a bowler or visitor within their club is using performance enhancing or recreational drugs or substances, it is their responsibility to exercise their duty of care and inform a club official immediately.
  - 1.3.5 The Management Committee regard any breach of this code as extremely serious and will take the necessary disciplinary action against any individual or group found to have been in use/involvement of such substances, as outlined in the Egham Bowls Club Code of Conduct.
  - 1.3.6 An Egham Bowls Clubs member who misuses drugs or substances will, in the absence of strong mitigating circumstances, is considered to have committed an act of serious misconduct and potentially gross misconduct. This also applies to any club member who is believed to be buying or selling drugs and/or substances, unlawfully possessing drugs and/or substances, who has stolen drugs and/ or substances, or who is or has been involved in the attempted illegal manufacture of drugs and/or substances.

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1.4 Egham Bowls Club members have a responsibility to:

- 1.4.1 Not misuse alcohol, drugs or other substances to the detriment of their Bowls Club or affiliated Associations.
- 1.4.2 Not bring illegal substances when taking part in organised activity under the National governing sports body directives, the Bowls Club or collude in so doing at any time.
- 1.4.3 Report to the Management Committee or Club official, if they reasonably suspect a member, visitor or volunteer is misusing drugs or substances under the auspices of the National Governing Bodies, Bowls England and English Indoor Bowls Association.
- 1.4.4 Cooperate in full with any procedures put in place.
- 1.4.5 Abide by the Egham Bowls Club code of conduct and the Bowls National Governing Bodies, Bowls England and English Indoor Bowls Association.

## 2.0 RESOURCES

For more information on which substances are banned please encourage our club members to visit:

[www.globaldro.com/uk-en/](http://www.globaldro.com/uk-en/) - The Global Drug Reference Online (Global DRO) provides athletes and support personnel with information about the prohibited status of specific substances under the rules of sport based on the current World Anti-Doping Agency (WADA) Prohibited List.

[www.ukad.org.uk/supplements/](http://www.ukad.org.uk/supplements/) - UKAD is the national organisation dedicated to protecting a culture of clean sport. This page directly links to the website about supplement use and has lots of useful information.

[www.informed-sport.com/](http://www.informed-sport.com/) - INFORMED-SPORT is a certification programme for sports supplements, ingredients and manufacturing facilities, which assures athletes that products carrying the INFORMED-SPORT mark have been regularly tested for substances considered prohibited in sport. (Some sports may have specific rules, so coaches and athletes still need that knowledge for your own discipline).

[www.ukad.org.uk/athletes/](http://www.ukad.org.uk/athletes/) - This site is UK Anti-Doping and will explain the “100% Me” initiative as well as giving advice and capability to check ingredients against the banned listings.

For further support if you or someone within your club has been affected by alcohol, please visit:  
<https://www.alcoholanddrugsaction.org.uk/>